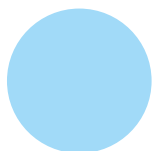


PREVENTING LONG-TERM COMPLICATIONS

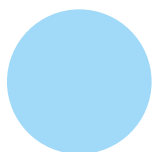
How can this area be affected by long-term complications?

What can be done to relieve or prevent long-term complications?



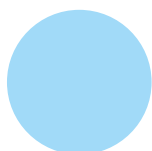
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Look at illustration sheet D and attach icons for the areas you decide you want to discuss.

How much do I think I can reduce the risk of getting long-term complications of diabetes?

On a scale of 0 to 10, where 0 is 'Not at all' and 10 is 'Very much'

