

POSTCARD

There is a question on each of the two postcards. The idea of the questions is that you should think about them a little before next time. On the back of the cards, you can jot down your thoughts and answers, either as a short story or as bullet points. If you do not wish to write anything, you can tell me about your thoughts on your next visit.



If you had to give good advice to someone who got diabetes, such as a good friend or one of your family, what would it be?



**What worries
you about having
diabetes?**



YOUR ANSWER:

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YOUR ANSWER:

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