

“I blame my illness for everything...”

1

“I no longer think about it
- I don't dare to...”

2

MY THOUGHTS



MY THOUGHTS



“I hate starving myself...”

3

“I think the health care professionals look down on us and treat us like little children...”

4

MY THOUGHTS



MY THOUGHTS



“If I’m not ill already,
then I will be from all
this advice...”

5

“Exercise is definitely
not fun...”

6

MY THOUGHTS



MY THOUGHTS



“I don't feel ill. I feel pretty well and don't notice it at all...”

7

“It is the others who say I am ill. I am not ill...”

8

MY THOUGHTS



MY THOUGHTS



“Every week somebody brings bread. And then you have to eat it...”

“It is just so hard to have a chronic illness...”

MY THOUGHTS



MY THOUGHTS



“I get sad when I make my family worried...”

11

“I hate being ill...”

12

MY THOUGHTS



MY THOUGHTS



“Exercise is important but if it is raining, you can't be bothered...”

13

“People around you cannot always accept it...”

14

MY THOUGHTS



MY THOUGHTS



“The doctor does not listen to what I say...”

15

“It is what we cannot do that is so irritating...”

16

MY THOUGHTS



MY THOUGHTS



“The term *chronic illness* does something to me – also when I am feeling well...”

17

“My illness makes it more difficult for me to attend a job...”

18

MY THOUGHTS



MY THOUGHTS



“We need to learn
to admit that we have
become different...”

19

“I have reached the
point where I cannot
be bothered to hear
more about it...”

20

MY THOUGHTS



MY THOUGHTS



MY THOUGHTS

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MY THOUGHTS



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MY THOUGHTS



MY THOUGHTS

