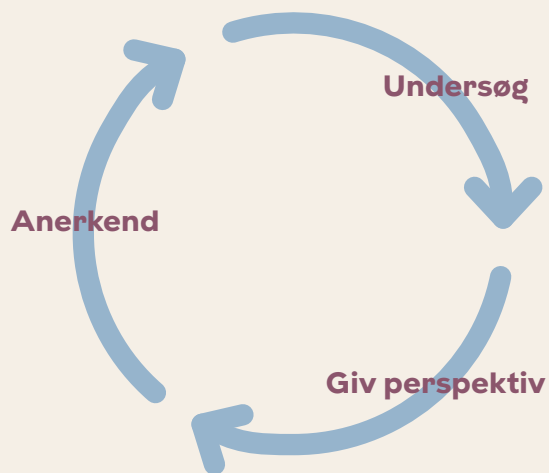


Bekymringer og belastninger i livet med diabetes

Start samtalen



Henvis

Afslut -plan

the 1990s, the number of people with diabetes has increased in all industrialized countries (1).

Diabetes is a chronic disease with a high prevalence. In the Netherlands, the prevalence of diabetes is 6.5% (2). The prevalence of diabetes is expected to increase in the next decades, because of the increasing prevalence of obesity and the increasing life expectancy (3).

Diabetes is a complex disease with a multifactorial aetiology. The aetiology of diabetes is still unclear, but it is known that there is a strong genetic component. The aetiology of diabetes is also influenced by environmental factors, such as obesity and sedentary lifestyle (4).

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